



Cheddar Cheese

Ingredients: Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (if colored)

NUTRITIONAL INFORMATION

Nutrient Information	Amount Per 28 grams	%DV*
Total calories	110	
Calories from total fat	80	
Total fat (g)	9	14%
Saturated fat (g)	6	30%
Trans Fatty Acids (g)	0	
Cholesterol (mg)	30	10%
Sodium (mg)	180	8%
Total carbohydrate (g)	0	0%
Dietary fiber (g)	0	0%
Sugars (g)	0	
Protein (g)	7	
Vitamin A		6%
Vitamin C		0%
Calcium		20%
Iron		0%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.